Key vocabulary		
puberty	The time when your body begins	
	to develop and change as you	
	become an adult.	
sexual	The process where a living thing	
reproduction	creates another organism like	
	itself. In humans, a sperm cell	
	from a male fertilises an egg	
	from a female to produce a	
	baby.	
menstruation	When a woman has a period,	
(period)	she loses a small amount of	
	blood each month.	
sperm	Single cells produced by male	
	animals.	
egg	A cell that is produced in the	
	body of female animals.	
foetus	An animal or human being in its	
	later stages of development	
	before it is born.	
gestation	The length of time a mammal	
	carries her offspring inside her	
	body before giving birth.	
life	The length of time that an	
expectancy	animal is normally likely to live.	

Mommal	Gestation period in days
Cat	63
Chimponzee	240
Lion	108
Human	266
Rabbit	31
Squirrel	44
African elephant	650
Whale	360
Horas	336
Polar bear	241
Giraffe	435
Mouse	21
Rhinoceres	480
Hamster	16
bog	61
Comel	400

The gestation period of different animals. Larger animals usually have longer gestation than smaller animals.

## **Animals including** humans - Year 5

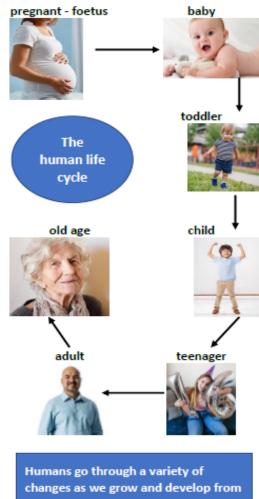
This topic should be taught alongside PSHE with careful consideration of the school's Sex and Relationship Education Policy.

Significant scientist		
Sarah Fowler	Sarah Fowler (OBE) is a	
100	marine biologist. She is the	
March 1	principal scientist of the Save	
N-a	Our Seas Foundation.	
	Her research has identified	
	the global threat to sharks	
100	and she shares strategies of	
	how we can protect them.	

## Puberty

- Usually begins between the ages of 8-14 and the process can take up to 4 years. - During puberty the bodies of boys and girls

begin to ch	begin to change physically.		
- Boys and	Boys and girls can experience some mood		
changes di	es during puberty.		
Changes	- hair starts to grow on their		
for girls	bodies		
	- breasts develop and hips widen		
	- periods start		
Changes	- hair starts to grow on their		
for boys	bodies and faces		
	- develop a deeper voice		
	- testicles start to produce sperm		



birth through to old age.

